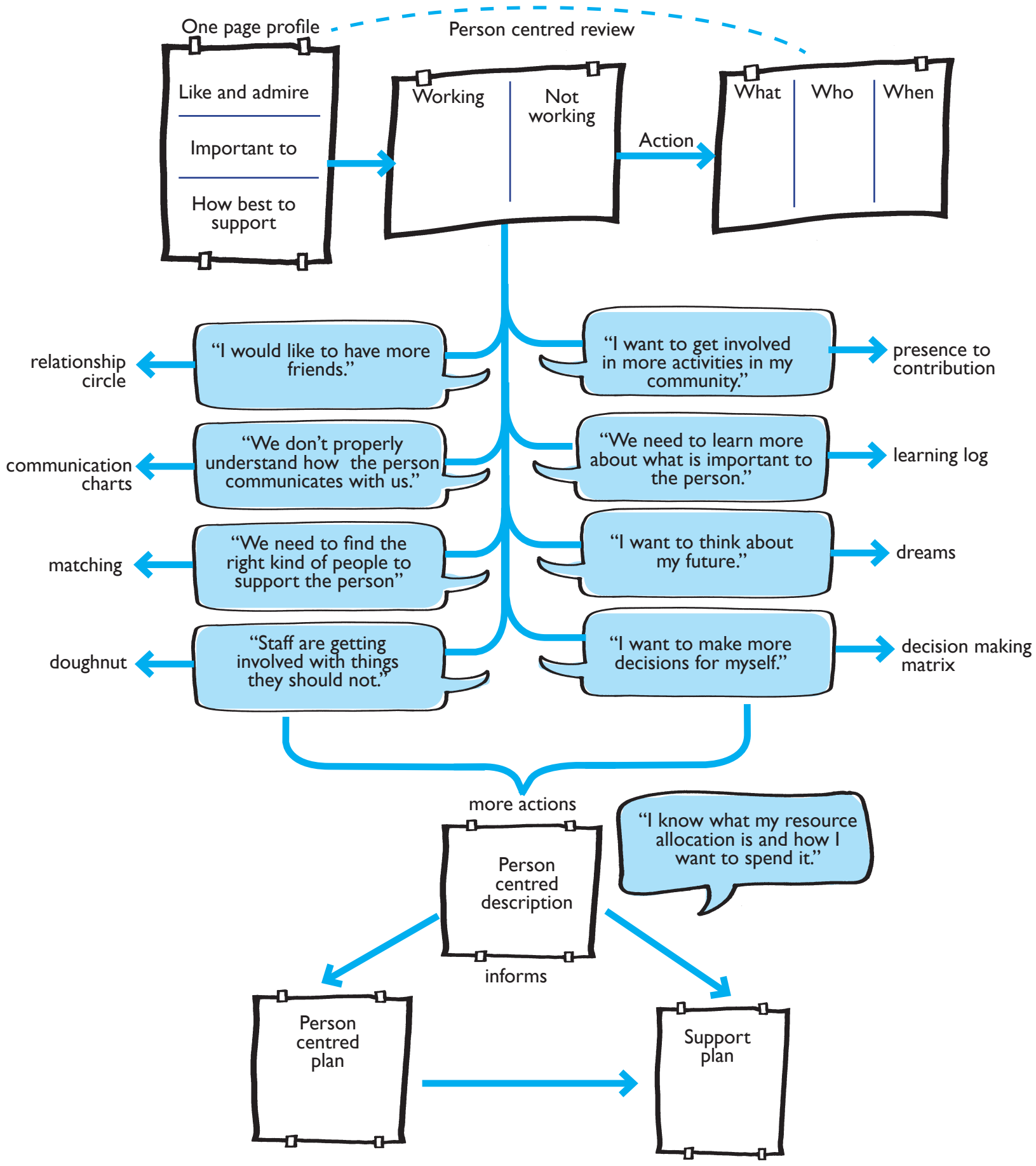One page profile to person centred plan or support plan